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Six Word Memoir

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*Seventeen years and a sunny disposition*

When deciding on a six words memoir I wanted to summarize my life heretofore. I thought about what I have gained up until this point in my life. The answer? Seventeen years of life and a sunny disposition. I have learned, to quote Monty Python, to “always look on the bright side of life.” This bright side of life philosophy is why I chose the words “sunny disposition” for my six word memoir. I did not learn this life lesson from a group of English comedians, but from my mother. After my parents divorced my mom coined her favorite phrase: “whatever!” She decided that no matter what fallout followed the divorce that she and I were going to keep living life to the fullest and find happiness. Two years later my mom was diagnosed with breast cancer. After her diagnosis my mom’s attitude was well, guess I’m going to have to beat cancer. Instead of getting depressed my mom, in anticipation of her new breasts, got a hand bag that read “Yes they’re fake, my real ones tried to kill me.” She amazed me by how determined she was to beat the disease. What was most astounding was her amazing outlook. Life had given her lemons and she was going to make lemonade. I have learned this positive attitude and applied it to my own life. I’ve learned so much from my mother and admire her positive outlook on life. She has taught me that the cup is always half full. So instead of including all of the things I’ve lost, I decided to make my memoir what I have gained: seventeen years and a sunny disposition.